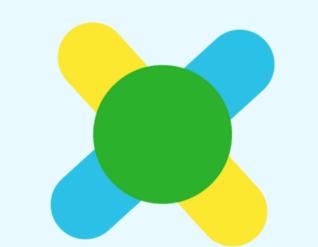


## harpal.



## **Longevity Medicine** Memberships - Y1

Tier 2

Tier 3

Tier 1

Objective	Longevity overview	Tier 1 + Nutrition Physical Cardiovascular	Tier 2 + Hormones Bones Movements
Doctor consultation			
Initial	1x	1x	lx



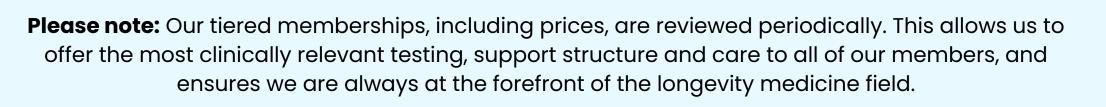
Follow-ups	3x	6x	6x
Testing (Lab)			
Genetic/DNA markers	Longevity	Longevity Nutrient	Longevity Nutrient Hormones
Immune-age (GlycanAge)	+	+	+
Intolerance (FIT 176)	_	+	+
Gut Barrier Analysis	-	+	+
Serum			
Liver + Gallbladder	+	+	+
Kidney	+	+	+
Inflammation	_	+	+
Metabolic	_	+	+
Blood Chemistry	_	+	+
Iron Studies	-	+	+
Sugars	+	+	+
Lipids	+	+	+
Vitamin (mini)	-	+	+
Cardiac Profile	-	+	+
Omega Analysis	-	+	+
Sex Hormones	-	_	+
Pituitary Hormones	_	_	+
Precursor Hormones	_	_	+
Thyroid Panel	-	-	+
Growth Hormone	_	_	+
Hormone Associated Markers	-	-	+
Testina (Physical)			

Testing (Physical)			
Advanced blood pressure screen	-	+	+
Pulse Wave Analysis (Arterial Stiffness)	-	+	+
Dexa scan (Viscera)	-	+	+
VO2 Max	-	+	+
Dexa Scan (Bone)	-	-	+
Functional Movement Assessment	<b>-</b>	<b>-</b>	+
Other			

Functional Movement Assessment	-	-	+
Other			
Nutritionist	-	3x	3x
Health Coach	4x	5x	Unlimited
Prescription Fee	+	+	+
	2x complimentary	4x complimentary	6x complimentary
Sauna	20% off any additional sessions	20% off any additional sessions	20% off any additional sessions
IV Drips	10% off NAD+	15% off all vitamin therapy	20% off all vitamin therapy
Price			







£2,300

£175/m

£3,500

£275/m

£1,000

£75/m

Initial

Monthly thereafter

(starting month 4)